

Moves & Grooves Inc. presents
Ladies of Purpose June - July
Tennessee State University

Mission

Our mission is to promote community outreach and volunteerism, to offer networking and life skill opportunities to outstanding young ladies in a program that promotes Service, Education, Leadership and Excellence among young women of Tennessee.

Eligibility Requirements

To be eligible for Ladies of Purpose, candidates must:

- Be a female residing in Davidson county.
- Ages 15-17
- Have 10 hrs verifiable community service completed in the current school year
- Complete candidate application for membership
- Have a cumulative 2.7 GPA or greater
- Attend 1 mandatory orientation session in June
- Pass introductory selection interview
- Cost \$250

A Complete Application (DUE by May 28th) includes:

- Application Form
- 1 page Biography Form - **MUST BE TYPED**
- Recommendation Form (completed by a teacher, coach, school counselor, scholarship coordinator, vice principal or principal)
- Signed Membership Rules and Guidelines
- Medical Form
- Official School Transcript with Cumulative GPA - sealed

Mail completed documents to:

Moves & Grooves Inc.
P.O. Box 330118
Nashville, TN 37203-7500
RE: Ladies of Purpose

Hand Deliver to:

Moves & Grooves Inc
Ladies of Purpose
191 Thompson Lane
Nashville, TN 37211
Attn: Emerald Mitchell

DEADLINE MAY 28th

Program Overview

Moves & Grooves Inc. is elated to offer the **Ladies of Purpose Summer Mentoring** program. Ladies of Purpose is a character education program that teaches youth ages 15-17 how to be respectful, responsible and contributing citizens in our community. 20 young ladies from the Metro Nashville community and beyond will travel full-time 6 days a week for 6 weeks, during the months of June and July visiting community events, business leaders, hospitals, senior living centers, youth organizations and civic groups to promote positive outreach in our community.

Our Focus

The 6-week camp focuses on **6 Pillars of Character** founded by *The Josephine Institute's Center for Youth Ethics* in Los Angeles, CA. These 6 pillars include Trustworthiness, Respect, Responsibility, Fairness, Caring and Citizenship. Each week the ladies will build on a new level of character through service learning and volunteering. The group will participate in college preparation courses, team building and career planning activities to help young ladies make better decision for their future.

Moves & Grooves will serve 20 young ladies ages 15-17 to participate in this exciting initiative to build strong leaders and achievers among women. A key element to the success of this program is our mentoring component. Life Skill Coaches or as well call them LSC's , are matched with each young lady in a buddy program. The LSC's participate in the group activities and begin friendships that last throughout the summer and into the future.

After completion of the summer camp, each young lady will be recognized among family and friends during our Ladies of Purpose Formal Ball and crowning ceremony. This event was designed to highlight each young ladies achievement throughout the program and celebrate their commitment to continue a life of purpose.

Activities

This 6 -week summer program teaches young women how to be respectful, responsible and contributing citizens of our society. Ladies will participate in various service learning projects throughout Middle Tennessee to meet and network with prominent female executives, managers and leaders of our city while advocating community service among young people. Ladies will attend daily workshops lead by professional instructors in the areas of proper dining etiquette, resume writing, interviewing, poise, public speaking, pageantry, modeling, and more. Young women will enjoy sisterly bonding, traveling, free gifts, a chance to win a \$1,000 scholarship and be crowned *Miss Lady of Purpose*.

Crowing Ceremony

As a part of our goal to recognize young ladies for their commitment to service, we will host our *Annual Ladies of Purpose Crowning Ceremony* in the Poag Auditorium of Tennessee State University. The ladies will join a friendly competition to be crowned *Miss Lady of Purpose*. Each young lady will prepare a 2 min. speech about “What service means to them,” and answer 1 impromptu question and perform during a talent competition. Speeches, responses and talent will be presented publicly and rated by a panel of judges comprised of community leaders, volunteers and teachers. The reigning princess will win a *\$1000 Scholarship* through Bank of America and continue to lead the path of service by attending city conventions, volunteering and being an activist for service among young people throughout the year. The judges will examine each young lady on the following:

Character (50%): Demonstrates good citizenship, perfect attendance, community-minded, involved in school and other activities, shows desires to help others.

Communication Skills (25%): Good verbal skills, speaks clearly, expresses herself appropriately, creative speech content, correct grammar, good eye contact.

Presence (25%): Poised under pressure, prepared for speech and interview, enthusiastic, sincere, comfortable with herself, appropriate grooming.

FEE SCHEDULE

There is a \$50 application fee and a \$200 deposit is **required**. Parents may also dedicate 40 hrs of *sweat equity* during our summer fundraising event at the downtown Sommet Center and/or Nashville Sounds baseball field to leverage the cost. Fees will pay for student expenses such as food while traveling, team wardrobe and the purchase of a unified evening gown that will be worn during our crowning ceremony. Each young lady will be able to keep everything she has accumulated at the end of the summer.



Ladies of Purpose

Application Form

Student Name _____ Age _____ School _____

Address _____ City _____ Zip _____

Home Phone _____ Grade Level _____ GPA _____

Shoe Size _____ Pant Size _____ Shirt Size _____ Dress Size _____

Interests & Hobbies (sports, reading, dance etc.) _____

Career Goal

School & Community Involvement _____

Special Recognitions & Awards

Why did you apply for Ladies of Purpose?

* I hereby make application for my child to join Moves and Grooves Inc. Ladies of Purpose organization. The applicant and undersigned understand and agree that Moves and Grooves is not liable for the loss of property or injury. I understand and agree to release Moves and Grooves, its Directors, employees, and volunteer staff from any responsibility for accidents and/or other incidents in connection with any related activities, including athletics, special events and trips. I release the right to all photographic material that Moves and Grooves might use for promotional activities without obligation to my child and me. In case of illness, accident, and/or other incidents, permission is granted to those in charge to take steps for proper treatment and care, when parents and/or guardian cannot be contacted.

Parent Signature: _____ Date: _____



Ladies of Purpose Biography Form

Student Name _____ Age _____

Short description of yourself & personality: (What would others say about you?)

Most Recent Volunteer Experience :

Personal Strengths & Weaknesses:

Strengths

Weaknesses

What has been your greatest life challenge?

What has been your greatest accomplishment?

Experience volunteering and/or pageantry experience:

Agency Affiliation? _____ Yes _____ No Which Agency? _____



Ladies of Purpose Emergency Contact List

Mom's Name: _____ Student Name _____

Address: _____

Phone Numbers: Home _____ Work _____ Cell _____

Notes (regarding schedules, etc.):

Dad's Name: _____

Address: _____

Phone Numbers: Home _____ Work _____

Cell _____ Other _____

Notes (regarding schedules, etc.):

Additional Emergency Contact Numbers

Name: _____ Relationship to Child: _____

Phone Numbers: _____

Name: _____ Relationship to Child: _____

Phone Numbers: _____

Name: _____ Relationship to Child: _____

Phone Numbers: _____

Name: _____ Relationship to Child: _____

Phone Numbers: _____

Pediatrician's Name: _____

Address: _____

Phone Number: _____

Dentist's Name: _____

Address: _____

Phone Number: _____



Ladies Of Purpose

Student Medical Information Form

Complete and return this form with your application.

Student Name _____ Age _____
 First Middle Last

Birthdate _____ Gender M/F

Address _____

Street/RR/Box City/Town State Zip Code _____

Height _____ Weight _____ Hair Color _____ Eye Color _____

Mother / Guardian Name _____ Phone _____

Father / Guardian Name _____ Phone _____

Other Contact Name _____ Phone _____

Allergic

To Bee Stings That Require Medication () Yes () No If yes, please list:

Allergies To Drugs () Yes () No If yes, please list

Allergies To Foods () Yes () No If yes, please list

Physical disabilities () Yes () No If yes, please list

Respiratory Problems / Asthma () Yes () No If yes, please list
list _____

Vision / Hearing Problems () Yes () No If yes, please list

Special Dietary Needs / Restrictions

Dates of Last Immunizations*: MMR _____ TB _____ Tetanus _____ *For informational purposes not required.

(over)

Are You Presently Taking Any Medications? () Yes () No
If Yes, Please List

I give the Moves & Grooves Organization permission to administer the following OTC drugs to the participant:

(please mark all that apply):

Acetaminophen () Aspirin () Antacids () Ibuprofen () Benadryl () Other:

Special Medical Conditions / Other Pertinent Information including surgeries, hospitalizations, etc...(add additional page if necessary)

Insurance

Company _____ Subscriber's Name _____

Insurance Company Address

Policy Number _____ Type _____ Group # _____

Family Doctor's Name _____ Phone # _____



Ladies of Purpose

Member Responsibilities

COURT MEMBER RESPONSIBILITIES

Being selected as a Ladies of Purpose Member is an honor and an outstanding opportunity. It is also a large responsibility. The Ladies of Purpose Court experience is demanding and challenging. It requires a huge time commitment and adherence to strict behavioral standards. At times, Ladies of Purpose activities may prevent Court Members from participating in other work or personal activities. To help you decide if the Ladies of Purpose Court is right for you, consider the following:

- **Court Members are public figures.** Your words, your actions, and your past may be discussed by your school, the media and the community. As a Court Member, you are always "on the record." Think about what this means to you and your family before you apply.
- **Moves & Grooves Inc. has a policy against commercialization with regard to the Queen and Court Members.** There must be nothing to imply endorsement of any product or service by any Court Member or her family. If selected, a Court Member must agree not to take part in any commercial print, radio or television advertising between the date of her selection and the end of the year. This includes modeling. If selected Queen, this restriction applies until the next Queen is crowned.
- **Ladies of Purpose responsibilities must take precedence over other activities.** Court members may not be able to participate in some extra-curricular activities or other engagements. During the summer Court events take place throughout the week and some on weekends. During June/July, Court Members are not in school and travel 6 days a week.
- **Court Members must be punctual.** Court Members are responsible for their own transportation. In June and July, Court Members will report to a designated Headquarters location and transportation will be provided. Being on time for every event is of utmost importance.

Ladies of Purpose Court Rules and Guidelines

If selected to the Ladies of Purpose program, I agree to the following rules and guidelines:

1. **The Moves & Grooves organization reserves the right to remove any Court Member or Queen from the program for any reason, at any given time. This includes during the travel schedule and after travel is completed.**
2. Moves & Grooves and participating Schools reserve the right to take any action necessary to prevent conduct by Court Members that is potentially disruptive, may cause others to be disruptive, or potentially undermines the educational goals and missions of the Schools and the organization.
3. Court Members will not be in possession of tobacco products, drink alcoholic beverages, use drugs (other than prescription, to be conveyed to the Court Director) or be involved in any illegal activities.
4. A Court Member's term of service is from Selection Day through the upcoming year. Official duties for Court Members will end with the conclusion of the travel schedule. The Court Member chosen as Queen serves through the following year's Crowning Ceremony and University Parade.
5. There is no runner up in the Ladies of Purpose Court Program. If a Court Member is removed or unable to serve her term for any reason, her school will not have a Court Member for that festival year.
6. Court Members and their families must fully understand and agree to the time commitment of Ladies of Purpose and always be on time. **Transportation to all events during June and July to/from Court Headquarters during Travel is the responsibility of the Court Member and her family.**
7. Ladies of Purpose activities take precedence over other commitments. Every effort is made to accommodate important personal events, however, Court Members may be asked to forego personal or extra-curricular events as part of their commitment to the organization.
8. While on official Court business, the Court always travels as a group. If a Court Member needs to excuse herself for a few minutes, a Court Committee Member must accompany her.
9. Court Members will adhere to the Moves & Grooves non-commercialization policy. Public appearances and endorsements of any kind are prohibited without prior approval by the organization's Event Manager. Requests for interviews, photographs, appearances, public comment, etc., should be directed to the Executive Director. This policy helps protect Court Members from potentially uncomfortable or embarrassing situations and protects the sponsors' interests.

I acknowledge that I have a proven record of good citizenship and attendance, have never been convicted of a crime, have read and understand all of the above Rules & Guidelines, and agree to abide by them. I understand that I may be removed as a candidate for or member of the Ladies of Purpose organization if I do not meet these rules at any time after signing this application. I understand all decisions made by Moves & Grooves Directors, staff or my high school administration are final. I certify that all information contained in this application is correct to the best of my knowledge.

Applicant Name (Print)

Signature

Date

I have read and understand all the above Rules & Guidelines, and understand the commitment required to participate in the Ladies of Purpose Program. I certify that all information contained in this application is correct to the best of my knowledge. I give my permission for my daughter to apply for and participate in the Ladies of Purpose Program.

Parent/Guardian Name (Print)

Signature

Date